



Make a Difference In The First 5!

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First 5 Minutes®

First 5 Minutes® Program:

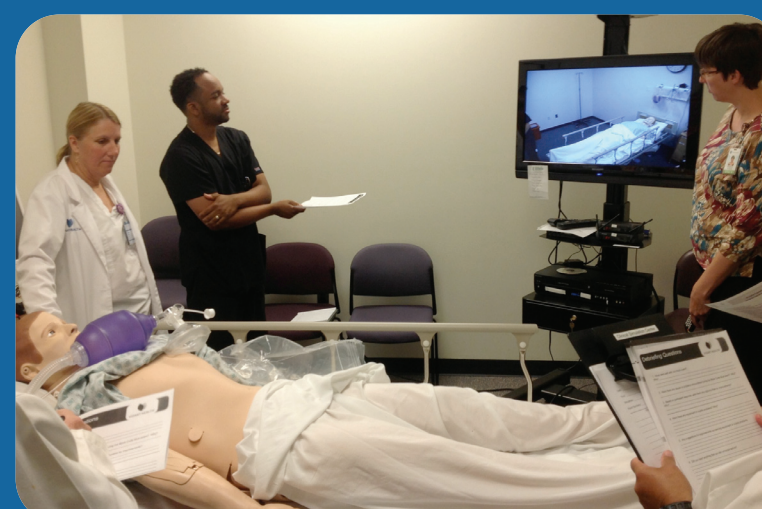
- Early assessment & intervention training
- Timely patient rescue during a medical crisis
- Interdisciplinary team training – any discipline can potentially be a “first responder”

Methodology

- Pre and post test of staff knowledge level
- Self-evaluation of comfort level in managing medical emergencies
- Hands on High Fidelity Simulation Mannequin
- Skill stations
- Evaluation of staff performance in Top 10 interventions
- Debriefing



Simulation Pre-brief



Video Debriefing

Rehab News Alert!

Rehab Patient Higher Acuity = Higher Incidence of Medical Crisis
Keep them alive in the “First 5 Minutes” of Rescue!



Scenario begins with an assessment



Change in status



Placement of backboard



Emergency Response Team Arrives

Skills Stations

- Utilization of Defibrillator in AED mode
- Application of multipurpose pads/EKG leads
- Perform CPR and use of bag valve mask
- Placement of backboard
- Locate Emergency Cart contents
- Completion of Emergency Event Documentation Form

Top 10 Interventions

1. Responsiveness, C.A.B. Circulation/Airway/Breathing
2. Call for Help
3. Bed away from wall, remove headboard
4. Bag valve mask to O2 and ventilate/CPR as indicated
5. Place backboard if indicated
6. Apply defibrillator pads, connect/turn on AED mode
7. Shock if indicated
8. Assess vital signs, blood glucose
9. Open Emergency Cart IV access, lab supplies
10. Record crisis event, SBAR

Desired Goals

- 100% staff attendance to First 5 Minutes Training
- Quick recognition of medical crisis
- Quick completion of Top 10 interventions
- Increased staff competency in crisis management throughout various locations
- Decrease patient re-admits to acute care for respiratory & cardiac complications
- Improved team communication during medical emergency crisis



Interdisciplinary Team