

## PATIENT EDUCATION FOR REHAB NURSES BY REHAB NURSES

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### INTRODUCTION

• Patient Education is an integral part of nursing and day to day care. Nurses in their busy schedule have to create a learning opportunity for patients that promote safety and reform independence. Nurses need to have access to teaching materials and knowledge to teach patients and caregivers.

## VISION OF PATIENT EDUCATION COUNCIL

• The Patient Education Council strives to empower Kessler nurses through identifying best practices and evidenced based educational resources and strategies. The council optimizes and affirms the teachable moment through education.

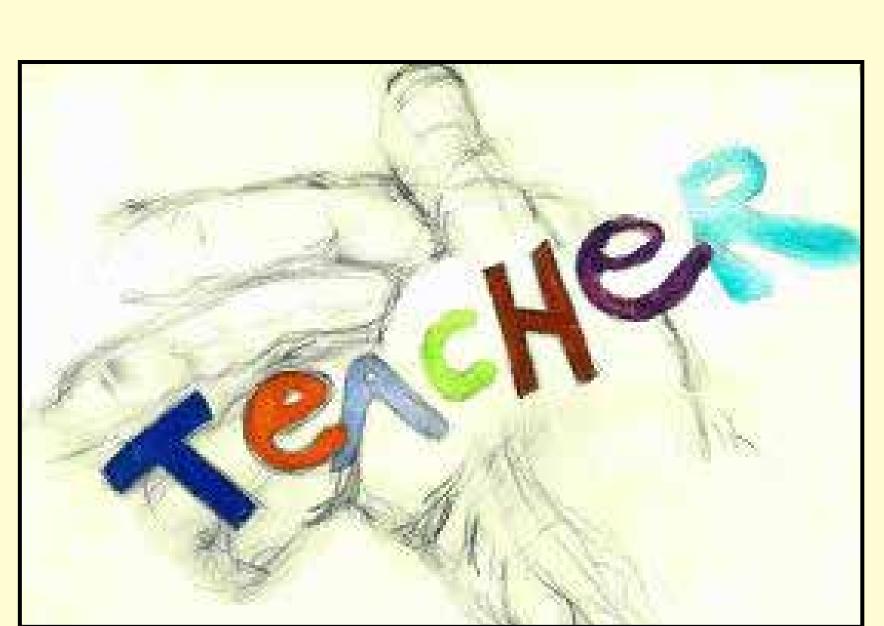
### GOAL OF THE COUNCIL

• Patient Education Council members serve as nurse champions in identifying, assessing, evaluating and implementing best practices in patient teaching and education by providing easily available materials, websites for patient teaching, and quarterly published news-

letters for Rehab Nurses.

# NURSES AS TEACHERS

- Teaching and counseling patients is the responsibility of the registered nurse:
  - Nurses have to provide accurate and consistent information, guidance to the patients and families
  - Assisting patients to reach an optimum level of health functioning and participation in self care
  - Evaluating effectiveness of teaching
  - Making referrals to appropriate resources



## ACCESS TO EDUCATION MATERIALS

- The Council is the bridge to provide RNs with materials for their daily patient teaching
- Council members review websites and evaluate them. These materials are available for nurses to hand out to patients and posted on the company's intranet.



### TOPICS FOR PATIENT TEACHING-Found on Kessler's Intranet

- Aphasia

• Hip

Spinal Cord

Injury

Stroke

 Arthritis Amputee

Cancer

Coumadin

Diabetes

 Foley Care • Guillain-Barre

Dysphagia

- Replacement Osteoporosis
- Blood Clots Brain Injury
- Heart

Syndrome

- Nutrition
- Joint

- Replacement

### PATIENT EDUCATION NEWSLETTERS

• The Patient Education Council release newsletters on a quarterly basis written by council members to provide best practices in patient teaching on rehab topics including:

Stroke • Patient Teaching • Brain Injury • Spinal Cord Injury • Diabetes • Health Promotion

#### CONCLUSION

- The Patient Education Council facilitates Rehab Nurses in providing patient education during their rehab stay
- Learning and knowledge by nurses increases confidence, motivation, and readiness to educate patients
- Patient satisfaction increases by having accurate guidance from nurses